

WEIGHT LOSS & NUTRITION

Arbonne Smart Nutritional Hybrids™ Women's MultiVitamin Tablet



Core vitamins plus the proprietary Arbonne Women's Gender-Specific Blend™ that combines botanicals known to support women's health*.

WHEN TO USE:

Take in the morning with the rest of the supplements in the a.m. Power Pack, and again in the evening with the other supplements in your p.m. Power Pack.

DIRECTIONS:

As a dietary supplement, take a.m. Power Packet in the morning with 8 ounces of water. Take the p.m. Power Pack in the evening with 8 ounces of water.

SUPPLEMENT

- Vitamin A
- Vitamin D**
- Vitamin E
- Vitamin K**
- Thiamin
- Riboflavin**
- Niacin
- Vitamin B6**
- Vitamin B12
- Vitamin B5**
- Folate
- Vitamin C**
- Biotin
- Mixed Tocopherols**
- Gamma-Tocopherol
- Lutein**
- Lycopene
- Di-Calcium Phosphate**
- Black Pepper

SOURCE

- beta-carotene
- ergocalciferol**
- d-alpha tocopheryl succinate
- phytonadione**
- thiamin HCl
- riboflavin**
- niacinamide
- pyridoxine HCl**
- cyanocobalamin
- d-calcium pantothenate**
- folic acid
- ascorbic acid**
- biotin
- d-alpha and non-alpha tocopherols**
- d-alpha tocopherol and d-delta tocopherol
- marigold petal**
- tomato
- calcium phosphate**
- black pepper

Arbonne Women's Gender-Specific Blend™

- Cranberry
- Eleuthero Root
- Black Cohosh
- Andrographis
- Crospovidone
- Flax Lignans
- cranberry juice
- siberian ginseng root and rhizomes
- cimicifuga racemosa
- andrographis paniculata leaf
- science
- flax seed

Supplement Facts
2 tablets contain:

	AMOUNT	% DAILY VALUE
Vitamin A	10,000 IU	200
Vitamin D	600 IU	150
Vitamin E	100 IU	416
Vitamin K	.12 mg	150
Thiamin	15 mg	1000
Riboflavin	15 mg	882
Niacin	25 mg	126
Vitamin B6	25 mg	1250
Vitamin B12	100 mcg	1666
Vitamin B5	50 mg	500
Folate	600 mcg	150
Vitamin C (ascorbic acid)	150 mg	250
Biotin	400 mcg	134
Mixed Tocopherols	25 IU	**
Gamma-Tocopherol	25 mg	**
Lutein	6 mg	**
Lycopene	1000 mcg	**
Di-Calcium Phosphate	89.60 mg	**
Black Pepper	5 mg	**
Arbonne Women's Gender-Specific Blend™	411 mg	**
Cranberry		**
Eleuthero Root		**
Black Cohosh		**
Andrographis		**
Crospovidone		**
Flax Lignans		**

** Daily Value not established

HERB FUNCTIONS:

- Andrographis** – An ancient medicinal herb, has been used for centuries to treat upper respiratory infections and a variety of other chronic and infectious diseases.¹
- Cranberry** – Has been used for hundreds of years to help maintain a healthy urinary tract.²
- Black Cohosh** – Support for menopausal symptoms.³
- Flax Lignans** – Research shows flax lignans may offer health benefits for bone health, breast health, and reducing symptoms of menopause, heart health, hair loss, acne and inflammation.⁴
- Ginseng (Eleuthero Root)** – An adaptogen, which may increase the body's ability to tolerate stressful situations. Commonly taken to increase energy, enhance physical performance and to prolong life.¹

REFERENCES:

1. Prescription for Herbal Healing, Phyllis A. Balch, CNC
2. "Supplement Watch", Web site, various authors
3. Encyclopedia of Natural Medicine, M. Murry, N.D., J.Pizzorno, N.D.
4. "Flax Lignan Information Bureau", Web site, various authors

People with known medical conditions should consult with a physician prior to taking supplements.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.