

# Herbal Vapor Soak



An herbal soak, when added to a hot bath or basin, provides soothing comfort and vapor action. Added herbs and natural oils relax the body and soothe the skin.

Recommended for: Adults and children over the age of 6 months.

Usage: Dissolve 1 to 2 scoops in a warm bath and enjoy the soothing effects.

<u>Ingredient</u>	<u>Source</u>	<u>Function</u>
Sodium Chloride	mineral	Carrier
Eucalyptus Globulus Leaves	plant	Aromatic Agent
Aloe Barbadensis Leaf Extract	plant	Moisturizer, Skin Protectant
Anthemis Nobilis Flower Extract	plant	Moisturizer, Softener
Cucumis Sativus (Cucumber) Fruit Extract	vegetable	Moisturizer, Soother, Softener
Arnica Montana Flower Extract	plant	Skin Protectant
Butylene Glycol	organic alcohol	Solubilizer, Solvent
Water		Solvent
Cinnamomum Cassia Leaf Oil	plant	Aromatic Agent
Eucalyptus Globulus Leaf Oil	plant	Conditioner, Emollient
Rosmarinus Officinalis (Rosemary) Leaf Oil	plant	Conditioner, Emollient
Pelargonium Graveolens	plant	Aromatic Agent
Salvia Sclarea (Clary) Oil	plant	Conditioner, Emollient
Mentha Viridis (Spearmint) Leaf Oil	plant	Aromatic Agent
Eugenia Caryophyllus (Clove) Leaf Oil	plant	Aromatic Agent
Mentha Piperita (Peppermint) Oil	plant	Conditioner, Emollient
Lavandula Hybrida Oil	plant	Softener
Ricinus Communis (Castor) Seed Oil	seeds	Solvent, Emollient
Methylparaben	science	Preservative