



Complete Essentials for Children



Support, prevention and protection all in one! Arbonne Bio-Nutria® Complete Essentials for Children is a balanced multivitamin and mineral supplement formulated in a great-tasting, chewable tablet. Each tablet contains the vitamins and minerals necessary to supplement a child's dietary intake, plus Arbonne's exclusive POC® antioxidant and Pur Actives® phytonutrient (plant nutrients) vegetable complex, which includes broccoli, cabbage, tomato, carrots, spinach, parsley, and wheat grass. Who says you can't get your kids to eat vegetables?

Recommended For: Children over the age of 2.

When to Use: Morning and evening with meals.

Usage: 1 tablet per day for Children under age 4, 2 tablets for children over age 4.

Multivitamin & Minerals POC® & Pur Actives®

What are POC®s and Pur Actives®?

Arbonne's trademarked POC® (proanthocyanidins derived from Grape Seed Extract) has one of the highest levels of antioxidant activity recorded. Pur Actives® is Arbonne's proprietary blend of natural trace minerals, and essential phytonutrients. These natural vegetable phytochemicals, found in broccoli, cabbage, tomato, carrots, spinach, parsley and wheat grass, have substantial antioxidant and protective properties.

You will find Pur Actives® and POC® in the Arbonne Bio-Nutria® Defense Builder Antioxidants' Children's Complete Essentials.

Nutrient

Vitamin A	beta carotene, retinyl palmitate
Vitamin C	ascorbic acid
Vitamin D	ergocalciferol
Vitamin E	d-alpha tocopheryl acetate, mixed tocopherols
Thiamin	thiamine mononitrate
Riboflavin	riboflavin
Niacin	niacinamide
Vitamin B6	pyridoxine hydrochloride
Folate	folic acid
Vitamin B12	cyanocobalamin
Biotin	biotin
Pantothenic acid	calcium pantothenate
Iron	ferrous fumarate
Iodine	potassium iodide
Zinc	oxide
Green Tea Extract	green tea leaves
POC®	proanthocyanadins from grape seed extract
PurActives®	broccoli (indole 3-carbinol, sulforaphane); cabbage (brassinin); tomato (lycopene); carrot (carotene, chlorogenic acid, xanthophyll); spinach (glutathione); wheat grass (chlorophyll); parsley (coumarins, glutathione)

Nutrient	1 tablet	%Daily Value for children 2- 4 years	2 tablets	%Daily Value for children over 4 years
Vitamin A (as Beta Carotene & Retinyl Palmitate)	2,500 IU	100	5,000 IU	100
Vitamin C	45 mg	112	90 mg	150
Vitamin D	200 IU	50	400 IU	100
Vitamin E	15 IU	150	30 IU	100
Thiamin	1.05 mg	150	2.1 mg	140
Riboflavin	1.2 mg	150	2.4 mg	140
Niacin	13.5 mg	150	27 mg	135
Vitamin B6	1.05 mg	150	2.1 mg	105
Folate	200 mcg	100	400 mcg	100
Vitamin B12	4.5 mcg	150	9 mcg	150
Biotin	40 mcg	26	80 mcg	26
Pantothenic acid	5 mg	100	10 mg	100
Iron	5 mg	50	10 mg	55
Iodine	75 mcg	107	150 mcg	100
Zinc	2.5 mg	31	5 mg	33
Green Tea Extract	5 mg	*	10 mg	*
POC®	5 mg	*	10 mg	*
PurActives®	5 mg	*	10 mg	*

*Daily Value not established