



Defense Builder Antioxidant



Enhance your good health and well-being with Arbonne's Defense Builder Antioxidant. Including an antioxidant with your daily multivitamin and mineral supplement helps to protect cells from free radical damage (a process linked to premature aging and various diseases). In addition to Green Tea Extract, Beta Carotene, Biotin, Vitamin C and E, this exclusive formula also contains POC®, Arbonne's exclusive Grape Seed Extract, and the proprietary Pur Actives® phytonutrient blend.

Recommended For: Men, women and teens.

When to Use: Morning and evening with meals.

Usage: 2 tablets daily with your Complete Essentials multivitamin and mineral supplement.

Defense Builder Antioxidant with Green Tea POC® & Pur Actives®

What are POC®s and Pur Actives®?

Arbonne's trademarked POC® (proanthocyanidins derived from Grape Seed Extract) has one of the highest levels of antioxidant activity recorded. Pur Actives® is Arbonne's proprietary blend of natural trace minerals, and essential phytonutrients. These natural vegetable phytochemicals, found in broccoli, cabbage, tomato, carrots, spinach, parsley and wheat grass, have substantial antioxidant and protective properties.

You will find Pur Actives® and POC® in the Arbonne Bio-Nutria® Defense Builder Antioxidant and Complete Essentials for Children.

Nutrient

Vitamin E
Vitamin A
Vitamin C
Biotin
Green Tea Extract
POC®

Pur Actives®

Source

d-alpha tocopheryl acetate, mixed tocopherols
beta carotene
ascorbic acid
biotin
green tea leaves
proanthocyanidins derived from Grape Seed Extract
broccoli (indole 3-carbinol, sulforaphane); cabbage (brassinin); tomato (lycopene); carrot (carotene, chlorogenic acid, xanthophyll); spinach (glutathione), wheat grass (chlorophyll); parsley (coumarins, glutathione).

2 tablets contain:

Nutrients	Amount	% Daily Value
Vitamin E	300 IU	1000
Vitamin A	5000 IU	100
Vitamin C	300 mg	500
Biotin	300 mcg	100
Green Tea Extract	50 mg	*
POC®	25 mg	*
Pur Actives®	50 mg	*

Why Antioxidants are Essential to Good Health

For most people, diet alone doesn't provide the recommended 5 servings per day

Antioxidants are important to the body because they counteract the effect of free radicals (such as pollution, cigarette smoke, stress and excessive sunlight). These free radicals can damage cells and cause many degenerative diseases, including heart disease, cancer and conditions associated with aging, such as Alzheimer's. With age, cell damage accumulates and supplementing with extra antioxidants can help slow the oxidative damage done to cells. Arbonne's Defense Builder Antioxidant is recommended for all men, women and teenagers to halt free radical damage.

Scientific studies show that antioxidants enhance each other, so it is important to get a good mix. The most widely studied antioxidants are vitamins A (as beta carotene), E, C and biotin. Studies show that these antioxidants may help lower the rate of disease including cancer and heart disease. Recent evidence suggests that these vitamins may also reduce the risk of cataracts, arthritis, Alzheimer's and stroke. Arbonne's Defense Builder Antioxidant is the optimal mix of antioxidants ... a cutting-edge, scientifically-based combination of ingredients proven to be safe and effective.

Antioxidants naturally occur in a variety of foods, primarily fruits and vegetables. Arbonne's antioxidant supplement is a convenient way to help a body get the fruits and vegetables it needs. All Arbonne vitamins, including Defense Builder Antioxidant, follow USP disintegration and dissolution guidelines to ensure proper absorption. They are guaranteed to break down within 30 minutes, ensuring proper disintegration, absorption and efficiency. Simply put, Arbonne's Defense Builder Antioxidant increases your body's natural defenses.

*Daily Value not established