



# Herbal Muscle Massage Gel



Alleviate pain and inflammation associated with minor injuries due to exercise or arthritis. Arbonne's Herbal Muscle Massage includes the active ingredients menthol and methyl salicylate, with added botanicals, to help bring relief to overused joints and muscles, reduce stress of exercise on the body and improve recovery. Whether you're a weekend gardener or a professional cyclist, you suffer occasional aches and pains and need to take measures to keep your joints healthy. This unique formula provides the relief you need for pain and inflammation associated with minor exercise or arthritis.

**Recommended For:** Temporary relief of minor aches and pains of muscles and joints.

**When to Use:** As needed, not to exceed four applications per day.

**Usage:** For adults and children over the age of 12. Not intended for use on sensitive skin areas or near the face.

<u>Ingredient</u>	<u>Source</u>	<u>Function</u>
<b>Active Ingredients:</b>		
Methyl Salicylate	science	Topical pain reliever, reduces inflammation
Menthol	plant	An irritant, causes cold or warmth to distract attention from pain
Capsaicin	plant	Reduces the amount of substance P, which sends pain signals to the brain
<b>Also Contains:</b>		
Deionized Water		Solvent
Butylene Glycol	organic alcohol	Solvent, Solubilizer
Eucalyptus Globulus Leaf Oil	plant	Anti-Microbial
Arnica Montana Flower Extract	plant	Antiseptic, Anti-Inflammatory
Calendula Officinalis Flower Extract	plant	Anti-Irritant, Anti-Inflammatory
Chamomilla Recutita (Matricaria) Flower Extract	plant	Anti-Inflammatory, Anti-Irritant
Hamamelis Virginiana (Witch Hazel) Extract	plant	Astringent
Lecithin	vegetable	Conditioner, Emulsifier
Acrylates/C10-30 Alkyl Acrylates Crosspolymer	science	Thickener, Emulsifier
Disodium EDTA	science	Chelating Agent
Phenoxyethanol	organic alcohol	Anti-Microbial
Methylparaben	science	Preservative
Ethylparaben	science	Preservative
Butylparaben	science	Preservative
Propylparaben	science	Preservative
Isobutylparaben	science	Preservative
Triethanolamine	science	Neutralizer, Emulsifier, Solubilizer

**WARNING:** THIS PRODUCT IS FOR EXTERNAL USE ONLY. AVOID CONTACT WITH EYES AND BROKEN OR IRRITATED SKIN. DO NOT BANDAGE TIGHTLY OR APPLY EXTERNAL HEAT. STOP USE AND ASK A DOCTOR IF CONDITION WORSENS OR SYMPTOMS PERSIST FOR MORE THAN 7 DAYS, OR CLEAR UP AND OCCUR AGAIN WITHIN A FEW DAYS. KEEP OUT OF REACH OF CHILDREN. IF SWALLOWED, GET MEDICAL HELP OR CONTACT A POISON CONTROL CENTER RIGHT AWAY. **ALLERGY ALERT:** IF PRONE TO ALLERGIC REACTION FROM ASPIRIN OR SALICYLATES, CONSULT A DOCTOR BEFORE USING THIS PRODUCT.