

WEIGHT LOSS & NUTRITION

# Arbonne Bio-Nutria<sup>®</sup> Fitness Joint Formula



Help keep your joints healthy and in shape by supplying your body with the building blocks of connective tissue, cartilage and collagen.\* Arbonne's Joint Formula, a combination of glucosamine sulfate, vitamin C, Indian herbs and bioflavonoids provides you with the nutrients you need to help protect healthy joints or support degenerating joints.\* Whether you're a weekend warrior or a weekend gardener, this product is designed to help make the activities you do a little less stressful on your body. Many joint products on the market contain one or two main ingredients. Arbonne's Joint Formula is a combination of several ingredients, all at effective levels. The combination of these ingredients act synergistically to bring you optimal relief.\*

**WHEN TO USE:**

With each meal...breakfast, lunch and dinner.

**DIRECTIONS:**

As a dietary supplement, take 3 tablets daily, with meals.

SUPPLEMENT	SOURCE
Vitamin C	ascorbic acid
Glucosamine Sulfate	glucosamine sulfate
Standardized Boswellia Serrata	boswellia serrata gum exudate
Standardized Turmeric	turmeric root
Ginger	ginger root
White Willow	white willow bark
Bromelain	bromelain
Quercetin	quercetin

Supplement Facts:  
3 Tablets Contain:

	AMOUNT	% DAILY VALUE
Vitamin C	60 mg	100
Glucosamine Sulfate	1500 mg	**
Standardized Boswellia Serrata	400 mg	**
(60% Boswellic Acids)	240 mg	**
Standardized Turmeric	200 mg	**
(95% Curcumin)	190 mg	**
Ginger	200 mg	**
White Willow	150 mg	**
Bromelain	100 mg	**
Quercetin	100 mg	**

\*\*Daily Value not established

**HERB FUNCTIONS:**

**Boswellia Serrata** - Helps to inhibit inflammation, prevent decreased cartilage synthesis and improve blood supply to joint tissues.<sup>1</sup>

**Turmeric** - An antioxidant with strong anti-inflammatory effects.<sup>1</sup>

**Ginger** - An antioxidant, inhibits the formation of inflammatory compounds.<sup>1</sup>

**White Willow** - Often referred to as nature's aspirin because it contains the aspirin precursor salicin.<sup>2</sup>

**REFERENCES:**

1. Encyclopedia of Natural Medicine, M. Murray, N.D., and J. Pizzorno, N.D.
2. The Green Pharmacy, J. Duke, Ph.D.

People with known medical conditions should consult with a physician prior to taking supplements.

\*These statements has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.