

## FAQ

### Q: WHAT SUPPLEMENTS ARE INCLUDED IN THE DAILY POWER PACKETS FOR MEN AND WOMEN?

A: Arbonne Smart Nutritional Hybrids™ Daily Power Packets each contain supplements with gender-specific formulations, which provide each individual with nutrients required for good health. \*

#### DAILY A.M. AND P.M. POWER PACKETS FOR WOMEN CONTAIN:

- 1 MultiVitamin tablet
- 1 MultiMineral tablet
- 2 Calcium Bone Support tablets
- 1 Super Food Antioxidant tablet
- 1 Digestive Enzyme capsule

#### DAILY A.M. AND P.M. POWER PACKETS FOR MEN CONTAIN:

- 1 MultiVitamin tablet
- 2 MultiMineral tablets
- 1 Prostate Formula capsule
- 1 Super Food Antioxidant tablet
- 1 Digestive Enzyme capsule

### Q: WHAT IS UNIQUE ABOUT ARBONNE SMART NUTRITIONAL HYBRIDS™?

A: Arbonne Smart Nutritional Hybrids™ contain comprehensive formulations that address general health from a multivitamin multimineral aspect, and also contain advanced gender-specific herbal combinations. Additionally, Arbonne Smart Nutritional Hybrids™ also include a Super Food Antioxidant supplement, as well as a powerful digestive enzyme capsule. Arbonne Smart Nutritional Hybrids™ come in convenient easy-to-use packets that are easy to take on the go, and eliminate the need to purchase multiple vitamin, mineral or herbal products.

### Q: WHAT IS AN ORAC SCORE AND WHY IS IT BENEFICIAL?

A: ORAC stands for Oxygen Radical Absorption Capacity. This is a number that has been assigned to a product after it has been tested for the amount of antioxidant activity that it has. This is important because antioxidants help neutralize or destroy free radicals, the higher the ORAC score, the more antioxidant protection the product provides. Arbonne's Super Antioxidant tablet has an ORAC score of 8,000.

### Q: ARBONNE SMART NUTRITIONAL HYBRIDS™ CONTAINS A SUPER FOOD ANTIOXIDANT TABLET, WHAT ARE SUPER FOODS?

A: The Super Food Antioxidant tablet, which is included in Daily Power Packets for both men and women, is a unique blend of whole fruit and vegetable concentrates and extracts that provide beneficial phytonutrients, and antioxidants.

### Q: DO ARBONNE SMART NUTRITIONAL HYBRIDS™ MEET MEN AND WOMEN'S NEEDS?

A: Arbonne Smart Nutritional Hybrids™ Men and Women's Packets contain 32 core essential vitamins and minerals that provide gender-specific support for the health of men and women. Specific to each packet, Men's a.m. and p.m. Power Packets contain a Prostate Formula capsule to help support prostate health. \* Women's a.m. and p.m. Power Packets contain Calcium tablets formulated with Arbonne's proprietary Criti-Calcium Blend™, a combination of essential minerals and nutrients to support healthy bone tissue. \*

### Q: I FEEL THAT I AM ALREADY A HEALTHY PERSON; DO I STILL NEED TO TAKE ALL THE SUPPLEMENTS?

A: Daily nutrition is important for overall health. Proper nutrition not only gives you the energy you need, but also helps support the body's daily processes. The typical Western diet often supplies less than adequate amounts of several vitamins and minerals. Recent nutritional surveys in the U.S. have found that large numbers of people consume too little calcium, magnesium, iron, zinc, and possibly copper and manganese.

**Q: AT WHAT AGE CAN I START TAKING ARBONNE SMART NUTRITIONAL HYBRIDS™?**

A: Arbonne Smart Nutritional Hybrids™ have been formulated for the needs of young to mature adult men and women. If there is any concern over whether someone may be too young to be taking Arbonne Smart Nutritional Hybrids™, we suggest consulting a physician. Additionally, we suggest that women who are pregnant or lactating, or those with known medical conditions, consult their physician prior to taking nutritional supplements.

**Q: HOW SHOULD ARBONNE SMART NUTRITIONAL HYBRIDS™ BE TAKEN?**

A: Take the contents of one a.m. packet in the morning, with 8 ounces of water. In the evening, take the content of one p.m. packet with 8 ounces of water.

**Q: DO ANY OF THE ARBONNE SMART NUTRITIONAL HYBRIDS™ USE A WHOLE FOOD BLEND?**

A: Yes, the Super Food Antioxidant tablet contains whole fruit and vegetable concentrates and extracts that provide beneficial phytonutrients.

**Q: ARE THERE ANY ARBONNE SMART NUTRITIONAL HYBRIDS™ SUPPLEMENTS THAT ARE FORMULATED TO HELP AID WITH DIGESTION?**

A: Yes, each Arbonne Smart Nutritional Hybrids™ a.m. and p.m. Daily Power Pack contains a Digestive Enzyme Capsule, a broad-spectrum complex for better digestion of carbohydrates, fats, proteins, lactose and other dietary components. \*

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat or prevent any disease.**